



TRILOGY ENERGY TRUST

Calgary, Alberta

March 17, 2008

NEWS RELEASE: TRILOGY ENERGY TRUST ANNOUNCES MARCH DISTRIBUTION

Trilogy Energy Trust ("Trilogy" or the "Trust") (TSX – TET.UN) announces that its cash distribution for March 2008 will be \$0.07 per Trust Unit. The distribution is payable on April 15, 2008 to unitholders of record on March 31, 2008. The ex-distribution date is March 27, 2008.

About the Trust

Trilogy is a petroleum and natural gas-focused Canadian energy trust that actively acquires, develops, produces and sells natural gas, crude oil and natural gas liquids for the generation of monthly cash distributions to its unitholders. Trilogy's Trust Units are listed on the Toronto Stock Exchange under the symbol "TET.UN".

For further information, please contact:

J.H.T. (Jim) Riddell, President and Chief Executive Officer

M.G. (Mike) Kohut, Chief Financial Officer

J. B. (John) Williams, Chief Operating Officer

Trilogy Energy Trust
c/o Trilogy Energy Ltd.
#1400, 332 – 6th Avenue S.W.
Calgary, Alberta T2P 0B2
Phone: (403) 290-2900
Fax: (403) 263-8915