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NAL OIL & GAS TRUST ANNOUNCES EXECUTIVE APPOINTMENT

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CALGARY / Marketwire / (TSX: NAE.UN) - NAL Oil & Gas Trust (the "Trust") is pleased to welcome a new member to its senior management team.

Mr. John Koyanagi joined NAL on October 14, 2008, in the position of Vice President, Business Development. John has over 20 years of upstream oil and gas experience, primarily in transaction related roles. John started his career at Shell Canada and later joined Amoco Canada/BP where he held positions at the senior management level involving both North American and international operations and business development. He has spent the last five years specializing in oil and gas transactions in merger & acquisition ("M&A") advisory firms. He holds his MBA from the Richard Ivey School of Business, University of Western Ontario, and his BSc Mechanical Engineering from the University of Alberta.

"We are very pleased with the addition of John to our team. John will lead the Trust's M&A business development activities - a key priority for NAL", said Andrew Wiswell, President and CEO.

NAL Oil & Gas Trust provides investors with a yield-oriented opportunity to participate in the Canadian upstream conventional oil and gas industry. The Trust generates monthly cash distributions for its unitholders by pursuing a strategy of acquiring, developing, producing and selling crude oil, natural gas and natural gas liquids from pools in southeastern Saskatchewan, central Alberta, northeastern British Columbia and Lake Erie, Ontario. Trust units trade on the Toronto Stock Exchange under the symbol "NAE.UN".

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