



## **TRILOGY ENERGY TRUST**

Calgary, Alberta

December 15, 2008

### **NEWS RELEASE: TRILOGY ENERGY TRUST ANNOUNCES DECEMBER DISTRIBUTION**

Trilogy Energy Trust ("Trilogy" or the "Trust") (TSX – TET.UN) announces that its cash distribution for December 2008 will be \$0.10 per Trust Unit. The distribution is payable on January 15, 2009 to unitholders of record on December 31, 2008. The ex-distribution date is December 29, 2008.

#### **About the Trust**

Trilogy is a petroleum and natural gas-focused Canadian energy trust that actively acquires, develops, produces and sells natural gas, crude oil and natural gas liquids for the generation of monthly cash distributions to its unitholders. Trilogy's Trust Units are listed on the Toronto Stock Exchange under the symbol "TET.UN".

For further information, please contact:

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