



TRILOGY ENERGY TRUST

Calgary, Alberta

April 15, 2009

NEWS RELEASE: TRILOGY ENERGY TRUST ANNOUNCES APRIL DISTRIBUTION

Trilogy Energy Trust ("Trilogy" or the "Trust") (TSX – TET.UN) announces that its cash distribution for April 2009 will be \$0.05 per Trust Unit. The distribution is payable on May 15, 2009 to unitholders of record on April 30, 2009. The ex-distribution date is April 28, 2009.

About the Trust

Trilogy is a petroleum and natural gas-focused Canadian energy trust that actively acquires, develops, produces and sells natural gas, crude oil and natural gas liquids for the generation of monthly cash distributions to its unitholders. Trilogy's Trust Units are listed on the Toronto Stock Exchange under the symbol "TET.UN".

For further information, please contact:

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