



FOR IMMEDIATE RELEASE

SYMBOL: "RYL.UN"

ROYAL HOST REIT ANNOUNCES DEPARTURE OF CHIEF FINANCIAL OFFICER

Calgary, Alberta, September 28, 2009 – Royal Host Real Estate Investment Trust ("Royal Host" or the "Trust") today announced that Executive Vice President and Chief Financial Officer, A. Brad Cann, will be leaving the Trust, effective October 23, 2009, to pursue other opportunities. The trustees are in the process of establishing a transition plan, and until a replacement is announced, Mr. Cann's responsibilities will be assumed by Royal Host's executive and finance team who will work with him over the next month to ensure a smooth transition.

Royal Host is a uniquely diversified hospitality trust that delivers Unitholder value through hotel ownership, investment, management and franchising. Royal Host's portfolio of Canadian hotels operates under a variety of recognizable brands as well as a number of unbranded properties. The Trust's hotel portfolio is further enhanced by a stable franchising business, a successful hotel management operation, and a portfolio of publicly-traded securities from within the hospitality and service sectors.

Royal Host trust units and convertible debentures are traded on the Toronto Stock Exchange under the trading symbols "RYL.UN", "RYL.DB.B", "RYL.DB.C" and "RYL.DB.D", respectively.

For more information please contact:

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