

Fortress Energy Inc. - Oil & Gas Investor Forums November 24, 25, 26, 2009 - Notification of conference participation

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Fortress Energy Inc. (TSX: FEI) will be presenting at the Canadian Energy Equities Conference, www.CNRGQ.com.

The presentations to be presented by President and CEO, J. Cameron Bailey, can be viewed here:

<http://www.fortressenergy.ca/Corporate-Presentation>

<http://www.fortressenergy.ca/files/North%20American%20Natural%20Gas%20Markets%20November%2020th%202009.ppt>

There is no charge to attend and the dates and locations of the forums are:

Tuesday, November 24, Victoria, Marriott Inner Harbour, 728 Humboldt Street.

Wednesday, November 25, Vancouver, Fairmont Waterfront, 900 Canada Place

Thursday, November 26, Kelowna, Grand Okanagan Hotel, 1310 Water Street

The time table for each forum is:

11:00 am Registration
11:30 am Luncheon Buffet
11:45 am Presentations
1:00 pm Question Period

Please register for the forum in your city online at www.CNRGQ.com

For further conference information: Andy Papadopoulos
andyp@twm.ca

Canadian Energy Equities www.CNRGQ.com
750, 717 - 7th Ave. SW Calgary, AB T2P 0Z3
Phone 403.265.5222, Ext. 242
Fax 403.265.5238