



Press Release

TSX – TCW
February 10, 2010

**TRICAN WELL SERVICE LTD. ANNOUNCES
FOURTH QUARTER AND YEAR END 2009 CONFERENCE CALL**

Trican Well Service Ltd. ("Trican") intends to release its Fourth Quarter and Year End 2009 results on **Thursday, March 4, 2010** after the close of the market.

The Company will host a **conference call on Friday, March 5, 2010** at 9:00 a.m. MT (11:00 a.m. ET) to discuss the Company's results for the Fourth Quarter and Year End 2009.

To listen to the webcast of the conference call, please enter:
<http://events.digitalmedia.telus.com/trican/030510/index.php> in your web browser or visit the Investor Information section of our website at www.trican.ca.

To participate in the Q&A session, please call the conference call operator at 1-866-223-7781 (North America) or 416-340-8018 (outside North America) 15 minutes prior to the call's start time and ask for the "Trican Well Service Ltd. – Fourth Quarter and Year End 2009 Conference Call".

A replay of the conference call will be available until April 5, 2010 by dialing 1-800-408-3053 (North America) or 416-695-5800 (outside North America). Playback passcode: 8014660.

The conference call will be archived on Trican's website at www.trican.ca.

Headquartered in Calgary, Alberta, Trican has operations in Canada, Russia, the US and North Africa. Trican provides a comprehensive array of specialized products, equipment and services that are used during the exploration and development of oil and gas reserves.

Requests for shareholder information should be directed to:

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