



TRILOGY ENERGY CORP.

Calgary, Alberta

February 18, 2010

NEWS RELEASE: TRILOGY ENERGY CORP. ANNOUNCES FEBRUARY DIVIDEND

Trilogy Energy Corp. ("Trilogy") (TSX – TET) announces that its cash dividend for February 2010 will be \$0.035 per share. The dividend is payable on March 15, 2010 to shareholders of record on March 1, 2010. The ex-dividend date is February 25, 2010.

About Trilogy

Trilogy is a petroleum and natural gas-focused Canadian energy corporation that actively acquires, develops, produces and sells natural gas, crude oil and natural gas liquids. Trilogy's common shares are listed on the Toronto Stock Exchange under the symbol "TET".

For further information, please contact:

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