



FOR IMMEDIATE RELEASE

SYMBOL: "RYL.UN"

Royal Host REIT announces senior executive changes

May 25, 2010

Royal Host Real Estate Investment Trust (TSX:RYL.UN, RYL.DB.B, RYL.DB.C, RYL.DB.D) ("Royal Host" or "the Trust") today announced that Michael McFeters, Royal Host's current Director of Finance, will assume the position of Chief Financial Officer, effective May 31, 2010. The Trust also announced the departure of the Trust's President and Chief Executive Officer, Laurie Etkin, also effective May 31, 2010.

With the organizational changes that Royal Host has implemented over the past several months, including the outsourcing of all hotel management to third-party professional management companies, the Trust is now focused on ways in which to build Unitholder value through the effective management of its portfolio of assets. The Trust has been utilizing the expertise of Clarke Inc.'s advisory services group over the past several years for management support and will continue to do so going forward. Representatives of Clarke have worked and will continue to work very closely with Royal Host management and the Board of Trustees on strategic, financial and operational matters.

Royal Host is a diversified hospitality trust that delivers Unitholder value through hotel ownership, investment, and franchising. Royal Host's portfolio of Canadian hotels operates under a variety of recognizable brands as well as a number of unbranded properties. The Trust's hotel portfolio is further enhanced by a stable franchising business and a portfolio of publicly-traded securities from within the hospitality and service sectors.

Royal Host trust units and convertible debentures are traded on the Toronto Stock Exchange under the trading symbols "RYL.UN", "RYL.DB.B", "RYL.DB.C" and "RYL.DB.D", respectively.

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