



FOR IMMEDIATE RELEASE

SYMBOL: "RYL.UN"

Royal Host Real Estate Investment Trust Announces Normal Course Issuer Bid Automatic Securities Purchase Plan

HALIFAX, June 30, 2010 / CNW / - Royal Host Real Estate Investment Trust (RYL.UN)(RYL.DB.B)(RYL.DB.C)(RYL.DB.D) ("Royal Host") announced today that it has filed a notice with the Toronto Stock Exchange and received its approval to establish an automatic securities purchase plan (the "Plan") for the following Royal Host securities:

- Trust units, under the issuer bid which commenced on January 12, 2010 and ends on January 11, 2011; and
- 6% convertible unsecured subordinated debentures due 2015, under the issuer bid which commenced on September 10, 2009 and ends on September 9, 2010; and
- 6.25% convertible unsecured subordinated debentures due 2013, under the issuer bid which commenced on September 10, 2009 and ends on September 9, 2010; and
- 5.90% convertible unsecured subordinated debentures due 2014, under the issuer bid which commenced on September 10, 2009 and ends on September 9, 2010;

The Plan was established to provide standard instructions regarding how Royal Host's securities are to be repurchased under each issuer bid. Accordingly, Royal Host may repurchase its securities under the Plan on any trading day during the issuer bids including during self-imposed trading blackout periods. The Plan will commence immediately and terminate together with each issuer bid. Royal Host may otherwise vary, suspend or terminate the Plan only if it does not have material non-public information and the decision to vary, suspend or terminate the Plan is not taken during a self-imposed trading blackout period. The Plan constitutes an "automatic plan" for purposes of applicable Canadian securities legislation and has been reviewed by the Toronto Stock Exchange.

About Royal Host

Royal Host is a uniquely diversified hospitality trust that delivers Unitholder value through hotel ownership, investment and franchising. Royal Host's portfolio of Canadian hotels operates under a variety of recognizable brands as well as a number of unbranded properties.

Royal Host trust units and convertible debentures are traded on the Toronto Stock Exchange under the trading symbols "RYL.UN", "RYL.DB.B", "RYL.DB.C" and "RYL.DB.D", respectively.

Note on Forward Looking Statements

This press release contains certain forward-looking statements relating, but not limited to, Royal Host's operations, anticipated financial performance, business prospects, and strategies. Forward-looking information typically contains statements with words such as "anticipate", "believe", "expect", "plan", or similar words suggesting future outcomes. Such forward-looking statements are subject to risks, uncertainties, and other factors, which could cause actual results to differ materially from future results expressed, projected, or implied by such forward-looking statements. Such factors include, but are not limited to economic, competitive, and lodging industry conditions. Royal Host disclaims any responsibility to update any such forward-looking statements except as required by law.

For further information, please contact:

Royal Host Real Estate Investment Trust
investorinfo@royalhost.com
www.royalhost.com